## Instructions for the Reduced Size Paper Biathlon Targets

Print at $100 \%$ / No Scaling / Actual Size on Letter Size Paper ( $81 / 2^{\prime \prime} \times 11^{\prime \prime}$ ) Post at 10 Meters and use a . 177 air rifle. Shoot 1 shot per target.


The large circle is shot standing, and the small circle is shot prone with a sling for support (no rests).

Scoring
A shot is scored as a hit only if the hole is inside the dashed line, or if the dashed line is broken. Shots breaking the outside edge of the black scoring area, but not breaking the dashed line, are misses.


Too easy? Get your heart rate up to 160 beats per minute and try again. Still too easy? Try to get all 5 shots off within 20-25 seconds.


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